



TOUR OF SPEYSIDE

MULTI-STAGE CYCLE ROAD RACE

SATURDAY/SUNDAY 12th-13th JUNE 1993

STAGE 1

The Badenoch Stage

SPONSORED BY

**STAKIS FOUR SEASONS HOTEL
AVIEMORE**
50 mile Road Race

STAGE 2

The Cairngorm Stage

SPONSORED BY

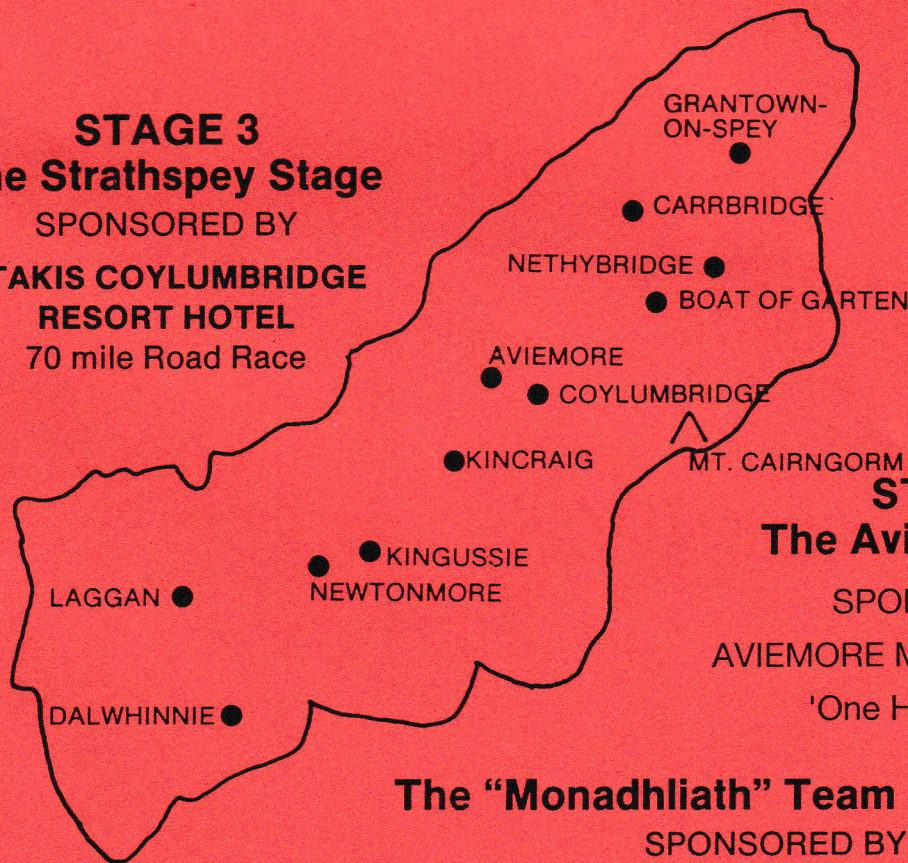
**CAIRNGORM CHAIRLIFT COMPANY LTD
CAIRNGORM**
25 mile Road Race

STAGE 3

The Strathspey Stage

SPONSORED BY

**STAKIS COYLUMBRIDGE
RESORT HOTEL**
70 mile Road Race



STAGE 4

The Aviemore Stage

SPONSORED BY

AVIEMORE MOUNTAIN RESORT
'One Hour Criterium'

The "Monadhliath" Team Competition

SPONSORED BY

BADENOCH & STRATHSPEY DISTRICT SPORTS COUNCIL

"OSPREY CHALLENGE"
(GREEN JERSEY)
POINTS COMPETITION
SPONSORED BY
**COYLUMBRIDGE
HIGHLAND LODGES**

"GENERAL CLASSIFICATION"
(YELLOW JERSEY)
OVERALL COMPETITION
SPONSORED BY
**STAKIS HOTELS
AVIEMORE**



CAIRNGORM CYCLING CLUB

affiliated to:
N.O.S.C.A.
S.C.U.
B.C.F.

Welcome to the seventh STAKIS Tour of Speyside.
It is hoped that by changing the Cairngorm Stage into a road race a real 'Tour de France' mountain atmosphere will emerge.
The Club records it's sincere thanks to STAKIS HOTELS, the Stage and Competition Sponsors and the Prize Donors for their continued support.
In asking everyone to have an enjoyable weekend I also ask you to support the commercial concerns that support the race.

Colin C. Horn Race Organiser.

Race Guest - Mrs Winnie Ewing, M.E.P. for the Highlands and Islands.

ACKNOWLEDGEMENTS

The Cairngorm Cycling Club wish to thank the following, whose help in many ways have made this event possible.

STAKIS HOTELS, Aviemore.
STAKIS Coylumbridge Resort Hotel.
STAKIS Four Seasons Hotel.
Coylumbridge Highland Lodges.
Aviemore Mountain Resort.
Cairngorm Chairlift Company Ltd.
Badenoch & Strathspey District Sports Council.
Bikes of Inverness.
Dalfaber Golf & Country Club.
Glen Hotel, Newtonmore.
The Trophy Shop, Lossiemouth.
John Ross & Co., Dulnain Bridge.
Cluny Hill School of Motoring, Forres.
Rothiemurchus Estate.
Highland Regional Council.
Badenoch & Strathspey District Council.
Strathspey Round Table.
Bill Wilson, Glenmore Shop, Glenmore.
Craggan Mill Restaurant, Grantown-on-Spey.
Tyree House Hotel, Grantown-on-Spey.
MacKellar Engineering Ltd., Grantown-on-Spey.
A. W. Laing, Grantown-on-Spey.
Landmark Visitor Centre, Carrbridge.
Lochanhully Woodland Club.
Speyside Sports, Aviemore/Grantown-on-Spey.
The Freedom Inn, Aviemore.
Chimes Restaurant, Aviemore.
Aviemore Cycles.
Police - Badenoch & Strathspey Sub-Division.
Members and Friends of the Cairngorm Cycling Club.
Officials of the North of Scotland Cycling Association.

STAKIS TOUR OF SPEYSIDE
Race Regulations

The STAKIS Tour of Speyside is run under the rules of the Scottish Cyclists Union together with those rules specified within this Manual and registration for this event signifies acceptance of same.

All Competitors, Team Managers, Race Officials, Drivers, Marshalls and Helpers must register for this event by signing on. Competitors must sign on prior to every Stage.

Race Control for Stages One, Three and Four is at the Reception Area, Aviemore Centre (South Door) and for Stage Two at the Woodshed Bar, STAKIS Coylumbridge Resort Hotel. This Hotel is 1.5 miles from Aviemore on the Cairngorm road.

Race H.Q. - STAKIS Coylumbridge Resort Hotel. Tel. (0497) 810661.

A Race Meeting will be held in the Reception Area, Aviemore Centre, on Friday evening, 11th. June at 21.00. All Team Managers, Race Officials, Drivers, Marshalls and Helpers are asked to attend if possible.

Changing accommodation prior to Stages One, Three and Four will be in the Reception Area, Aviemore Centre and prior to Stage Two will be at the Woodshed Bar, Coylumbridge Hotel.

Showers will be available after Stages One, Three and Four at the Ice Rink, Aviemore Centre, and after Stage Two at the Swimming Pool, Coylumbridge Hotel.

NOTE - These facilities are for Competitors only.

Unauthorized following cars are prohibited.

Prize Presentation - Stage Winners will be presented with Winners Sash immediately after Stage finish. Points Leader will be presented with Leaders Jersey immediately after Stage finish. Race Leader will be presented with Yellow Jersey prior to Stage start.

The final Prize Presentation will take place at 17.30 in the Cairngorm Suite, STAKIS Coylumbridge Resort Hotel.

ALL COMPETITORS ARE EXPECTED TO ATTEND.

High Tea will be available in the Cairngorm Suite, STAKIS Coylumbridge Resort Hotel from 16.30 - 17.30, and will be free to all Competitors.

High Tea will be available to Family and Friends at a subsidised rate of £5.00. It is essential that advance notice is given. Tickets can be obtained at Race Control prior to Stages One, Two and Three.

Race Service is a spare wheel service only and the Race Organisation is supplying three service cars. Team Managers are asked to volunteer and supply service cars.

Each Competitor MUST supply one RACEWORTHY wheel - odd numbers a front wheel, even numbers a rear wheel.

ALL RACE SERVICE TO BE STRICTLY NEUTRAL

Competitors not in Club Teams may be grouped into Centre or Composite Teams.

STAKIS TOUR OF SPEYSIDE
Race Regulations

COMPETITIONS.

"GENERAL CLASSIFICATION". The Yellow Jersey.

Time Bonuses - Finish of Stages.

1st. 15 seconds, 2nd. 10 seconds, 3rd. 5 seconds.

Primes and Hot Spots - 1st. 6 seconds, 2nd. 4 seconds, 3rd. 2 seconds.

"OSPREY CHALLENGE" Points Competition. The Green Jersey.

Points for Primes - 1st. 4 points, 2nd. 3 points, 3rd. 2 points.

Points for Hot Spots - 1st. 3 points, 2nd. 2 points, 3rd. 1 point.

Stage One - Kincaig Prime, Newtonmore Hot Spot, Catlodge Prime, Kingussie Hot Spot.

Stage Two - Dalfaber Hot Spot, Aviemore Hot Spot, Glenmore Hot Spot.

Stage Three - Carrbridge Hot Spot, Craggan Mill Hot Spot, Grantown-on-Spey Hot Spots 1,2 and 3, Lochanhully Hot Spot.

Stage Four - Hot Spots at 15, 30 and 45 minutes approximately.

"MONADHLIATH" Team Competition. The White Jerseys.

Any three riders to count from a team of four riders, calculated on a stage by stage basis. Based on time - EXCLUDING BONUSES

RACE FORMAT - All Stages are massed-start road races.

Competitors numbers will be from 1 to 90.

MAXIMUM OF 90 RIDERS MAY START.

Numbers must not be folded. Riders wearing Competition Jerseys must also wear their race numbers.

STAKIS Tour of Speyside crashhat covers MUST be worn during this event and MUST be returned with numbers and safety pins before race licence is returned.

Special notes on Stage Four - One Hour Criterium.

The normal laps out procedure for short circuits will apply. The Timekeeper will indicate when the number boards are shown for the last five laps. The race will end when the winner crosses the finish line. Lapped riders times will be calculated on average times plus adjustments to place lapped riders behind the last rider to complete the full distance. Riders will be adjudged to be lapped when overtaken by Lead Car.

Protests - Including Protest Fee of £10 - must be handed, in writing, to the Chief Commissaire within one hour of Stage finishes.

Protests regarding results must be handed, in writing, to the Chief Commissaire not less than 30 minutes prior to the start of the next Stage.

The Race Jury will comprise of the Organiser, Chief Judge and Chief Commissaire. Decisions by the Race Jury will be final.

STAKIS TOUR OF SPEYSIDE

Stage One The Badenoch Stage Sat. 12 June 93.

Signing-on 08.30-09.40 Aviemore Centre Reception Area.

Start - 10.00.

Miles Time Route

0	10.00	Start at Badenoch Hotel, Aviemore Centre. Neutralised.
0.8		Leave Centre. Turn right onto B9152.
1.2		Turn left onto Cairngorm Road B970.
1.4	10.05	Official Start on bridge over River Spey.
1.9		Turn right at Inverdrue onto B970 for Feshie Bridge.
7.7	10.20	Feshie Bridge <u>GREAT CARE AND ATTENTION.</u>
8.6		Turn right for Kincaraig.
9.6		Enter Kincaraig. Very narrow bridge <u>GREAT CARE AND ATTENTION.</u> Tele.kiosk.
9.8	10.25	KINCRAIG PRIME - hydro-pole NO.D4 30m before T junction. At junction turn left onto B9152 for Kingussie.
14.0	10.35	Lynchat
15.3	10.38	Enter Kingussie (Traffic Lights)
16.1		Leave Kingussie on A86
18.0	10.45	Enter Newtonmore
18.5		NEWTONMORE HOT SPOT at Pedestrian Crossing.
18.8	10.48	Bear right on A86 for Laggan
19.4		Leave Newtonmore
26.8	11.07	Laggan Bridge
27.1		Turn left onto A889
28.5		CATLODGE PRIME
28.6	11.12	Turn left for Glentruim at Catlodge. Kiosk. (SINGLE TRACK ROAD) DANGER - TEMPORARY BRIDGE AFTER 1/2 MILE
33.0	11.22	Turn left onto A9 <u>GREAT CARE AND ATTENTION</u>
34.5	11.26	Turn left onto B9150
35.6	11.29	Enter Newtonmore
36.8		Leave Newtonmore on A86
38.3	11.36	Enter Kingussie
39.0		KINGUSSIE HOT SPOT at Duke of Gordon Hotel
39.5		Leave Kingussie (off A86 onto B9152)
40.8	11.40	Lynchat
44.9	11.52	Kincaraig (straight-on on B9152)
48.8	12.02	Lynwilg Hotel
50.6	12.06	Enter Aviemore
51.2	12.08	Turn left into Aviemore Centre
51.8	12.10	Finish 3/4 way round Aviemore Centre at Fuel Depot

Stage Two The Cairngorm Stage Sat. 12 June 93.

Signing-on - 14.00-14.40 Woodshed Bar, Coylumbridge Resort Hotel.

00.0	15.00	Start at Woodshed Bar, Coylumbridge Resort Hotel.
00.1		Leave Hotel, turn left onto B970.
00.5		Coylumbridge, turn left on B970.
07.0	15.15	T Junction, turn left for Boat of Garten.
08.9		T Junction at Deshar School, turn left onto A95.
09.7	15.20	Kinveachy Junction, turn left for Aviemore (A95 B9152).
13.4		DALFABER HOT SPOT. (At Dalfaber road end)
14.4	15.30	AVIEMORE HOT SPOT. (At Aviemore Cycles).
14.6		Turn left onto Cairngorm road, (B970).
20.7	15.45	GLENMORE HOT SPOT. (At Glenmore Shop).
24.5	16.00	Finish in Ski Car Park, Mount Cairngorm.

STAKIS TOUR OF SPEYSIDE

Stage Three The Strathspey Stage Sun. 13 June 93.

Signing-on 08.00-08.40 Aviemore Centre Reception Area.
Start - 09.00.

Miles Time Route

0	09.00	Start at Badenoch Hotel, Aviemore Centre. Neutralised
0.8		Leave Centre, turn left onto B9152 for Carrbridge.
1.7	09.06	Official start at de-restriction signs.
2.7		T junction, continue straight on, on A95.
5.2	09.14	Kinveachy junction, continue straight on, on B9153.
7.9	09.20	CARRBRIDGE HOT SPOT at Landmark Visitor Centre.
8.1		Turn right onto A938 for Grantown-on-Spey.
14.8	09.35	Dulnain Bridge, continue straight on, on A95.
17.0	09.40	CRAGGAN MILL HOT SPOT
17.7	09.44	GRANTOWN-ON-SPEY HOT SPOT 1 at A.W.Laing, 110 High Street.
17.8	09.45	Turn right onto A95/A939 at Traffic Lights
21.9	09.55	A95 Cromdale Village. Turn left immediately after 40 Restriction Sign
22.5		Narrow bridge over River Spey. DANGER
23.5		T junction, turn left for Grantown-on-Spey.
25.0	10.03	T junction, turn left onto A939.
25.4		GRANTOWN-ON-SPEY HOT SPOT 2 at War Memorial
25.6		Turn left onto A95/A939 at Traffic Lights. <u>START SECOND CIRCUIT</u>
29.7	10.14	A95 Cromdale Village. Turn left immediately after 40 Restriction Sign
30.3		Narrow bridge over River Spey. DANGER
31.3		T junction, turn left for Grantown-on-Spey
32.8	10.22	T junction, turn left onto A939
33.2		GRANTOWN-ON-SPEY HOT SPOT 3 at War Memorial
33.4		Turn left onto A95/A939 at Traffic Lights
33.6		Leave Grantown-on-Spey on A95 <u>FOR THIRD TIME</u>
34.4	10.26	Turn right onto B970 for Coylumbridge
38.1	10.35	Pass Abernethy Church
38.2		Turn left for Lurg
38.4		T junction, continue straight on for Lurg
39.0	10.38	Nethybridge, Causer X roads, turn right
39.6		T junction at Nethybridge Hotel, left onto B970
40.0	10.40	Turn left for Loch Garten
41.0		Fork junction, bear right for Loch Garten
42.3		T junction, straight on for Loch Garten
42.9	10.47	OSPREY HIDE - GREAT CARE AND ATTENTION
44.5		T junction, turn left onto B970
45.1		T junction, turn right for Boat of Garten
45.3		Cross River Spey, enter Boat of Garten
45.7		T junction, turn left
47.1		T junction at Deshar School, left onto A95
47.8	11.00	Kinveachy junction, turn right onto B9153
50.5	11.06	Carrbridge.
50.7		Turn right onto A938 for Grantown-on-Spey
51.2		LOCHANHULLY HOT SPOT at Lochanhully Woodland Club.
57.4	11.24	Dulnain Bridge, turn right onto A95
65.1	11.42	Kinveachy junction, turn left on A95 for Aviemore
67.6	11.49	T junction, straight on, on B9152
69.7	11.54	Aviemore. Turn right into Aviemore Centre
70.3	11.56	Finish 3/4 way round Centre at Fuel Depot.

STAKIS TOUR OF SPEYSIDE

Stage Four The Aviemore Stage Sun. 13 June 93.

Signing-on 14.00-14.40 Aviemore Centre Reception Area.

Start - 15.00 Near Reception Office, Aviemore Mountain Resort.

Route - Round circular road at Aviemore Centre. The race will be neutralised from the line-up until the Official Start at the Finish Area, approximately 1/2 lap.

Race Distance - One Hour.

HOT SPOTS - at 15, 30 and 45 minutes

RACE PERSONNEL

Chief Commissaire	David Miller	Driver	Peter Finlayson
Chief Judge	Mary Bell	Driver	Alan Bell
Commissaire Two	Peter Wright	Driver	Bronwyn Crymble
Commissaire Three	Bob Brady	Driver	Des McPherson
Prime Judge One	Nannie MacLennan	Driver	Self
Prime Judge Two	Bob Gibson	Driver	Self
Timekeeper	Jim Thomson		
Recorder	Bob Gibson		
Announcer	Dennis Speight	Driver	Brian Pirie
Lead Car	Tom Mackie	Driver	Eain Scott
Reserve Lead Car	Alasdair MacKenzie		
Protocol	Anne Speight & Ian Watson		
First Aid	Sarah Nisbet	Driver	Tony Franchi
Number Steward	Amelia Horn		
Broom Wagon	Hamish Irvine		
Clerk of the Course	Sam Crymble		
Results Room	Tony Gray, Tricia Gray, Mary Bell, Bob Gibson		
Motorcycle Marshalls	Jim Simpson / Scotriders		
Chief of Service	Peter Robertson		
Service One	Peter Robertson		
Service Two	J. Ross & Co./Ian Baxter		
Service Three	Bicycle Bothy/John Thompson		
Liaison Officer	Iain Miller, STAKIS HOTELS.		
Race Organiser	Colin Horn	Driver	Ian Watson
	10 Strathspey Drive		
	Grantown-on-Spey		
	Moray PH26 3EY	Tel. (0479) 2323	

PRIZES

Place -	Stage One	Two	Three	Four	Gen. Class.	Team	Points
1	20	20	20	20	70	40	30
2	15	15	15	15	50	30	20
3	10	10	10	10	40	20	15
4	5	5	5	5	30	10	10
5					25		
6					20		
7	Yellow Jersey-Stage 1-£10				18	Green Jersey-Stage 1-£5	
8	"	"	"	2-£10	16	"	"
9	"	"	"	3-£10	14	"	"
10					12		
11					10		
12	17 Primes and Hot-Spots				8		
13	1-£15, 2-£10, 3-£5				7		
14					6		
15					5		
	Lantern Rouge - £10					Total Prizes - £1,271.00	

STAKIS TOUR OF SPEYSIDE

	G.S. MODENA/M&M WINDOWS		V.C.ASTAR/ANDERSIDE TOOLS
1	Steve Beech	45	Graham Brown
2	Andrew Davies	46	Alan Griffiths
	Callum MacGregor	47	Gordon Murdoch
4	Stewart Whittlie	48	Chris Thomson
	ABERDEEN WHEELERS C.C.		EDINBURGH
5	Leonard Coutts	49	Otto Burchem
6	George Findlater	50	Michael Glancey
	Andrew Shortt	51	Stuart Grady
8	Alastair Watt	52	James Lamont
	DEESIDE THISTLE C.C./POSITIONING RESOURCES		GLASGOW
9	Neil Brown	53	Julian Coia
10	Robert Stewart	54	Andrew Ferry
11	Kevin Sutherland	55	Tom Forbes
12	Craig Thomson	56	Steve Hazlett
	DUNDEE CENTRE		DUNDEE/FIFE
13	Philip Brown	57	Tom Carstairs
14	Tony Hastie	58	Kevin Clacher
15	Steven Low	59	Stephen Moore
16	Andrew Powers	60	Duncan Watkins
	ERSKIN C.C./THOMSON CYCLES		EAST/MID
17	Neil Cameron	61	Norrie Lyall
18	John Craig	62	Andrew Matheson
19	James Millar	63	McKenzie McPherson
20	Fergus Watt	64	Stewart Roden
	JOHNSTONE WHEELERS C.C.		NORTH
21	William Gibb	65	Richard Davison
22	Stephen Finnigan	66	Gregor Grant
23	Paul MacDonald	67	Michael Howieson
24	Jim McManus	68	Tommy Quin
	MORAY FIRTH R.T./BIKES OF INVERNESS/TREK		COMPOSITE A
25	Iain Gordon	69	Hamish MacLean
26	Keith Mailer	70	Mark Smith
27	Ivor Reid	71	Colin Tough
28	Sandy Roger	72	John Young
	NORTHERN IRELAND		COMPOSITE B
29	James Hunter	73	Tom Anderson
30	Jack McClean	74	David Kerr
31	Andrew Moss	75	Les Muir
32	A.N.Other	76	Michael Pluckrose
	N.O.S.C.A.		ABERDEEN MULTISPORT C.C./
33	Alan Garrow	77	Philip Duncan CYCLING WORLD./
34	Noel McAllister	78	Stuart Mills SPECIALISED/
35	Jason MacIntyre	79	Gary Yeats INSPOINT
36	Vince MacLennan	80	Mark Illingworth
	PENICUIK R.T.	81	Mark Miller
37	Simon Alderton	82	Dave Scott
38	John Anderson		HAWICK C.C.
39	Graham Moore	83	Alan Clyne
40	Richard Moore	84	David Henderson
	TEAM ORANGE	85	Alan King
41	Martin Andrews		VELO R.T./KAPSCO
42	Philip Leigh	86	Martin Coll
43	Tim Schools	87	Jim Gladwell
44	Bryan Singleton	88	Andy Young
			COMPOSITE C
		89	Hamish Scott
		90	Melvin Kinge
			RESERVES
57	Tom Carstairs for Dundee Centre		Andrew Thomson V.C.Astar "B"
	Michael Addiscott for Johnstone Whls.		Neil Howarth Dees.This.CC."B"
	Michael Van Der Vlies Moray Firth R.T		Greig Hunter V.C. Astar "B"
	Martin Schofield Elgin C.C.		Steven Ritchie Dees.This.CC."B"
	David Blockley V.C. Astar "B"		David Murdoch V.C. Astar "B"
	Chris Whittle Deeside Thistle C.C. "B"		Robert Brown Dees.This.CC."B"